

15 Feb, Monday

EP Session 1: **Leadership/ Courage in facing today's challenges as Brothers of John of God.**

From your personal experience as a Leader,

1. What do you consider as the **2-3 BEST PRACTICES** that have helped you in the exercise of Leadership?
2. What are your **BEST HOPES** for your Province/Congregation? (please cite 2-3).
3. What **2-3 THINGS DO YOU NEED IN ORDER TO GROW** towards a more responsive Servant Leadership today in your context?
4. Any other thing you want me to consider in preparing for your Assembly?

**1. Present COLLATION of SURVEY RESPONSES. Draw:**

- a. **What do you feel happy about/grateful for?**
- b. **What do they tell me about us? On BEST PRACTICES, on BEST HOPES, on Needs to GROW**
- c. **If you were to profile the present APC in the context of the life and mission of St. John of God, how would you look as a group?**

Collation1-3, 18Jan2016 (Respondents = 9 groups as of 18 January 2016)

**#1 BEST PRACTICES:**

PERSONAL: Listening attentively to the Spirit ///, encouraging and acknowledging Others, Right Moment to speak the awkward Truth, Self-Transcendence: higher purpose; Objectivity, inclusivity, Self-reflection & Contemplation // Prayer life//, openness to others and world, spiritual reading. Example of Pope Francis; self-care: balanced life—diet, rest, exercise, emotional life

PROCESSES: Informed and Timely Decision-making; Assemblies; trust in Leadership; individual and group supervision, spiritual direction; participative, consultative leadership//

VISION: Commitment to People and Growth, Building Community

**#2 BEST HOPE**

**LEADERSHIP**

1. Courage to step forward in hospitable leadership; courage to place all efforts in the service of the mission; boldly take up the challenges of the Gospel as Brothers of St John of God for TODAY.
2. Transform patterns and routines that are stagnant and need new life
3. Solidarity and support for those in leadership
4. Consider resources of Province before expanding

5. Hospitality Schools with 3-month program, where Brothers and Co-workers collaborate; could attract young ones
6. Financial independence as a province

### **FORMATION/ ONGOING/COMMUNITY**

1. Vocation Promotion and initial formation
2. That membership gives importance to spiritual life, Brotherhood/ community life.
3. Avoid private and self-centered behaviours and lifestyle
4. Be faithful to Consecrated Life; unity and commitment, witnessing
5. Meaningful Dialogue in the community

### **MISSION**

1. Sharing charism in new foundations where OH is not yet
2. Structural changes to enliven ministry; find new expressions of Hospitality charism
3. Infrastructures upgraded to respond to ministry/ client needs
4. Partnership/collaboration: Inter-provincial; inter-congregational; inter-vocational
5. Explore and evaluate best alternatives for long-term future in the ministries

### **#3 NEEDS to GROW in**

#### **PERSONAL**

1. Deeper appreciation of vocation
2. Acceptance of Frailty // work through self-centered lifestyle, conceit arrogance, haughtiness. Self-reflection; listen more, divest self
3. Self-care
4. Listen more to what brothers want to happen in PHL
5. Courage to lead amid criticism
6. Give/receive feedback
7. Understand dynamics of being/doing; Action-Reflection-Action; mindfulness/awareness

#### **LEADERSHIP**

1. Inclusive leader, soliciting participation
2. Build a culture of subsidiarity in which the Province adapt to cultural and industry changes embodying passion, urgency, and excellence; Build standards of increasing effectiveness to maximize both human and business resources
3. Supportive vs Authoritarian/ collegiality
4. Warm, welcoming, fraternal community
5. Seminars for Servant-Leadership

### **# 4 OTHER CONSIDERATIONS**

1. Help us recognize gifts in our diversity and opportunities for the sake of Mission

2. Take up creativity and boldly dream of a future enriched with tradition but not held captive by tradition
3. Focus on Christ: humble servant-leader, not power-drunk leader
4. Sharing of missionary experiences
5. Be honest in expressing regional collaboration: Yes and mean it with corresponding action!

**TENTATIVE GOALS**, (as culled from Bro Joseph's and Bro. Fermin's letters) and aligning with Schedule received:

1. Listen to one another's stories as LEADERS on the BEST PRACTICES that have made an impact on people's lives
2. Reflect together on the KEY ASPECTS of GOSPEL LEADERSHIP for our MISSION of HOSPITALITY in the world TODAY
3. Plan together for a PREFERRED FUTURE in response to emerging challenges and opportunities as we identify them

## 2. John-of-God-like response

**Recall 5 Leaders you've had in your life as a BOH. What qualities do you appreciate most in each of them?**

**Shall we prioritize whether your answers correspond to the APC Program ...Main themes are COURAGE in facing today's challenges; PROPHETIC stance in identification and formation of leaders; HUMILITY sustaining and nourishing for the journey and RELATIONSHIPS to foster regionally and globally.**

### Some Exercises

#### Getting to know... networking (C-4) The Path...

What did you do for fun when you were a child? What were your favourite toys? yOur favourite games?

Do you remember anything that came particularly easy to you as a child?

What did you tell people you were going to be or do when you grew up?

Are you being or doing anything that resembles that dream now? If so, what? If not, why not?

Your Passion is Your Power

What most excites you in or about the world?

What most angers you in or about the world?

How can you use what most excites you to affect or change what most angers you? List at least 5 ways.

Nehemiah, the Man with a Mission (Neh 3...)

Dragon, p. 40f

Renewal Zones, some ways

Quiet walks

Time and space for meditation

Spiritual and recreational reading

Some light exercises

Opportunities to laugh offered by movies, cheerful friends, etc.

A hobby such as gardening

Phone calls to family and friends who inspire and tease you

Involvement in projects that renew

Listening to music that you enjoy

It doesn't take much to regain perspective and become refreshed. Some "detox" ways.

Dragons. Triggers. p/ 42

Pick events during the day that stand out

Enter into the event and describe what happened (the objective) and how we felt (the subjective)

Avoid the temptation to be discouraged, blame others (projection) or ourselves (self-condemnation). Instead, see what we can learn from the event about ourselves and our vulnerabilities, needs, addictions, fears, anxieties, worries, desires.

Reflect on these learnings in light of what we believe (philosophy, ethics, Theology)

Decide on how these learnings should change us personally, interpersonally, professionally.

Change the way we behave.

Spiritual transformation is a profound process that does not happen by accident. WE need a repeated discipline, a genuine training, in order to let go of old habits of mind and to find and sustain new way of seeing. WE need to commit ourselves to a systematic way. Re-wiring the brain. Re-program, Re-boot...

Jesus: 'Put out into the deep and lower your nets for a catch (Luke 5:4)

What we were feeling at different parts of the day...

What we were thinking that caused us to feel that way.

What we were believing that made us think or come to the conclusion we arrived at.

Get to the surface the "hidden programming"